



CARWATHA P-12 - SECONDARY SCHOOL

FROM THE DELI BAR FRIDGE		\$
Seasonal Fresh Fruit	from	2.00
Fruit Salad (Made Fresh Daily) GF VE	from	4.00
Yoghurt with Muesli		4.00
Croissant (Filled extra 50¢)		4.00
Sushi Rolls: Vege/Chicken/Tuna GF		3.80

FRESHLY-MADE SANDWICHES (extra \$1 for roll)		\$
Cheese & Tomato V		3.50
Ham & Cheese		4.50
Ham, Cheese & Tomato		4.50
Salad: Lettuce, Tomato, Carrot, Cucumber & Mayo VRV		4.00
Egg & Lettuce V		4.00
Cheese & Salad V		5.00
Roast Chicken & Salad H		6.00
Ham & Salad		6.00
Gourmet Wraps	from	7.00

FROM THE HOT FOOD BAR (extra 20¢ for sauce)		\$
Egg and Bacon Muffin (cheese extra 50¢)		4.00
Breakky Wrap: bacon, egg, hashbrown & BBQ	from	5.50
Oven Baked Hash Browns GF HVE		2.00
Steamed Dim Sim H		1.50
Homemade Sausage Roll		5.00
Pies	from	4.50
Zinger Pocket or Burger H		6.50
Chicken/Beef Burger H	from	5.50
Oven Baked Wedges HVE		4.00
Sweet Chili Chicken Tender H	each	2.50
Crumbed Chicken Wrap H		5.00
Vegetarian Spring Rolls HVE		3.00
Devil Wings H	each	3.00
Homemade Pizza Slice		4.50
Beef or Vegetarian Nachos GF H VR	from	5.50
Chicken Souvlaki H		7.00
Chicken Parma H		6.50
Pasta: Penne/Spirals with Bolognese H		4.50
Pasta: Penne/Spirals with Napoli sauce VE		4.50
Pasta: Lasagne H		6.50
Pasta: Ravioli/Tortellini		6.50
Fried Rice GF		5.00
Curry HVR		6.50
Stir-fry Noodles VRV		6.00
Chili Con Carne		6.50
Chicken Caccitore GFH		6.50
Gozleme - Spinach & Cheese		4.00
Homemade Soup of the day GF H S VE		6.00
Spinach & Cheese Spanakopita HVRV		6.50
Pide: Spinach or Lamb HVR		7.50

DAILY SPECIALS FROM THE SALAD BAR		\$
Garden Salad VE V GF		5.50
Greek Salad V GF		6.00
Chicken Caesar Salad GF		7.00
Any Salad with Chicken, Tuna H	extra	1.00
Specialty Salads available online or by request: eg. Rice, Quinoa, Cous Cous & Thai Noodle		
		6.50

GOURMET PANINI		\$
Ham, Cheese & Tomato		6.00
Mediterranean Vegetable VRV		7.00
Varieties of Chicken H	from	7.00

DRINKS		\$
Apple or Orange Juice 350ml		3.60
Oak 300ml		3.10
Oak 600ml		5.10
Ice Break 500ml		5.10
Bottled Water 500ml		3.60
Bottled Water 750ml		4.60
Soft Drink Can (Sugar Free)		2.60
Iced Tea 500ml Bottle		4.50

SNACKS		\$
Cake Slices		3.00
Slices		2.50
Rock Deli Chips		2.50
Muffins		4.00

HOW TO COMPLETE LUNCH ORDERS:
1. Go to www.boccafoods.com.au to register account
2. Ensure correct YEAR LEVEL/CLASSROOM details
3. Add items to your basket and pay via credit card
4. Collect orders from priority queue at the canteen
NOTE: Any dietary requirements to be pre-ordered, & out of stock items to be replaced by similar items

DIETARY GUIDE:

GF GLUTEN FREE UPON REQUEST **H** HALAL **S** SEASONAL **VE** VEGAN **VR** VEGAN UPON REQUEST **V** VEGETARIAN